

Summer cutting cycle with Testosterone Enanthate, Primobolan and Turanabol

SteroidsCycles.Net presents you another cutting cycle for summer which will make you look hard and solid. As a base we will use **testosterone enanthate** however you may replace it with testosterone propionate as in some individuals enanthate will make visible water retention but I don't think this is a problem as you don't prepare for the contest, right? :) On the other hand switching to propionate will bring you another headache as you will have to inject it EOD plus you will inject Primobolan (**Methenolone Enanthate**) 2-3 times per week so having to inject primo and test propionate will keep you really busy and will not give your injection sites enough time to rest.

It is worth mentioning that some individuals while on testosterone enanthate will not experience too visible water retention and if you are one of them you don't have to worry about getting that separation on muscles. Testosterone Enanthate is injected twice per week each time in 250mg.

Second injectable anabolic steroid is **Primobolan** (Methenolone Enanthate) which is very good when it comes to cutting. Many use it pre-contest or just when they want to look ripped. Primobolan is very good drug and is considered to be the safest and least suppressive anabolic steroid, and is extremely effective. Primobolan is injected 3 times per week (200mg per injection) since a cc contains only 100 mgs.

And **Turanabol** (*chlordehydromethyltestosterone*) which is used for first 4 or 6 weeks (in our case it is 6) to kick start the cycle.

Post Cycle Therapy: In the scheme we put only Nolvadex and Clomid but what will you use to recover actually is up to you as there are different methods and probably you have found what works best for you. Importance of vitamin E in recovering natural testosterone production cannot be underestimated so do yourself a favor and get enough of it.

And last but not the least important moment is proper nutrition and training. Eat a lot of protein, don't forget about whey protein shake after training and early in the morning. Eat 5-6 times per day with small portions.

Regarding training: you can workout 4-5 days per week and last 3-4 weeks train with supersets, as a guide you may use this training routine: <http://www.musclesprod.com/bodybuilding-training-routines/superset-workout-system-for-contest-preparation/>

WEEKS	1-6	1-12	1-12	14-16
Turanabol	40-50mg ED			
Testosterone Enanthate		500mg/week		
Primobolan			600mg/week	
Nolvadex				20mg/day
Clomid				50mg/day
Vitamin E				400mg/day

Good luck!

