

Sustanon Cycle | Mass Steroids Cycle | Bulking Steroids Cycle | Testosterone and Dbol Steroids Cycle | Testosterone Steroids Cycle |



Sustanon cycle, one of the most popular steroid cycles. I think each 5th from any gym heard about **sustanon**.

Sustanon is a blend of different testosterone esters which in combination with some orals like **dbol**, **oxan** or **anavar** can be perfect stack for muscle growth and strength.

Sustanon cycle is a steroid cycle which can be done only with **sustanon** or in combination with other steroids.

Today steroids market is full of different brands and there are many trade names for **sustanon**. Some are: **sustaplex**, **sustagen**, **sustamed**, **gp sust**, **sustanon 500**, **Pentadex 300**.

Dosage for each of them is not the same so better read each one profile before planning your cycle.

Sustanon cycle is an option for those who think about their **first steroid cycle**. In case **testosterone cypionate** or **enanthate** is not on hand **sustanon** is a choice.

As a good option would be adding **dbol** for first 4 weeks @40mg/day, which will give you better results.

So a simple **sustanon cycle** scheme will look like this:

Weeks	Dbol	Sustanon	HCG	Nolvadex
1-4	40mg/day			
1-12		500mg/week (split into 2 injections per week)		
4 and 8			250ius twice per week	
14-17				20mg/day

Of course there are other options how to design your **sustanon cycle** but that is subject of other article.

HCG (human chorionic gonadotropin) – best way to use it is during the cycle in order to maintain testicular size or to bring atrophied testicles back to normal condition. Do not use it after cycle with **clomid** and **nolvadex** as things may worsen because of high amount of **testosterone** and **oestrogen**.

Best way is to use it in small doses during a **steroid cycle**. It is worth mentioning that **HCG** usage should be stopped 2-4 weeks before you start PCT with **Nolvadex** or **Clomid**.

HCG may aromatize in your body heavily than on other individuals so I would recommend taking an anti estrogen if you will shoot high dosages (more than 500iu/week).

So in this case best way to use HCG is 250ius twice a week. You can inject it after first 4 weeks and then 4 weeks later, so it will be on 8 week of cycle, 4 weeks prior PCT.

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